
August 2015

The Heathlands Project

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Hello!

Welcome to The Heathlands Project newsletter. Because we do so many exciting things up here at Heathlands we thought it would be a good idea to start a newsletter to keep you up to date with what's been going on. We'd love to know what you think or if you have any thing you would like to add to the newsletter so please get in touch!

Boccia News

On Sunday 19th July Nick and Jonny took a group down to Liverpool to represent The Heathlands Project in the Northwest Regional Boccia tournament. They did really well, winning two of their nine games and competing against teams from as far away as Conwy!

Closer to home Carlisle Boccia Club (which includes many Heathlands members) travelled up to Annan in April for a friendly competition against their team, organized by Ling Mann. The result was 3-3 and a return match is in the planning, watch this space for further news.

Closer still to home in this year's Carlisle Boccia Friendly League Tournament Heathlands 'B' won the first division and in the individual competition Mark Greener took first place, Simon Murray came second and Kingsley Green came in fourth place. Well done guys!

If you have any comments or something you'd like included in the next newsletter please email it to helen.walsh@lbtuk.org by October 20th.



Upcoming Events

September 6-9th

The Festival of Quilts. NEC, Birmingham

Carlisle Pageant Parade

Saturday 22nd August

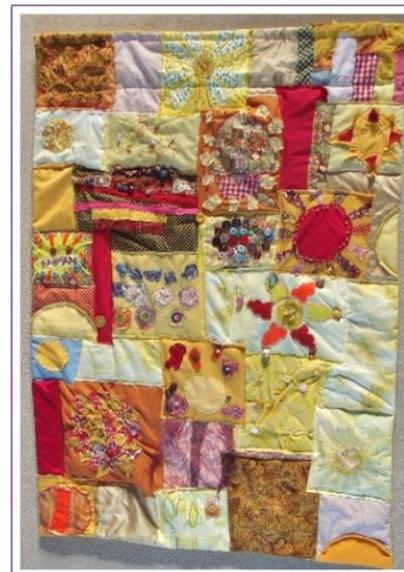


The team at Greenbank Sports Centre in Liverpool for the Northwest Regional Boccia Tournament

News from our Sections...

Art and Textiles

The Heathlands art and textiles groups have been hard at work on their entry for this year's Festival of Quilts at the NEC in Birmingham. This is the fifth year we have made a quilt. This year our theme was sunshine and we used techniques such as embroidery, tie-dye and applique to make our creation.



Sunshine by The Heathlands Project

Bakery

The Heathlands Bakery now runs 3 days per week, baking all manner of breads, cakes, pies and biscuits. In the near future we expect to be making produce for outside groups as well as for ourselves, friends and family. All members enjoy their time in the bakery, learning skills and recipes that they can use at home.



From the Bakery group...

Other News...

If you have something you would like us to include in the next newsletter then please get in touch. It could be an event you have coming up, something you've done or a bit about somewhere you've been.

You can send your information to Helen Walsh by email at this address: helen.walsh@lbtuk.org by October 20th.



Next Newsletter: November 2015

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