
January 2016

The Heathlands Project

The Heathlands Project, Harker Road Ends, Carlisle, CA6 4HN

01228 674950

www.lbtuk.org www.facebook.com/The.Heathlands.Project

Happy New Year!

We'd love to know what you think or if you have anything you would like to add to the newsletter so please get in touch!

It's been a bit wet...

In a great show of community spirit members, staff and volunteers from The Heathlands Project helped out those affected by floods by delivering supplies and freshly baked goods from our bakery group. Our thoughts are with everyone affected by the floods (several of our members have been flooded out and some had to be rescued) and we hope everyone is back home safe and dry soon.

A Festive Feast

A very big well done to everyone who works in the kitchen. All the kitchen groups worked really hard to create a fantastic Christmas dinner just before Christmas. It was delicious and we all had a lovely time. We even had entertainment in the form of Bill and Drew aka the 'Dancing Waiters!'

Radio Fame

One of our members had the opportunity to visit BBC Radio Cumbria after winning a competition. He had a great time and got to see what goes on behind the scenes. Judging by this picture he's a natural DJ!

If you have any comments or something you'd like included in the helen.walsh@lbtuk.org by April 20th 2016



Helping out delivering supplies to those affected by the flood



Enjoying Christmas Dinner!



DJ Peter Bradbrook

News from our Sections...

Art and Textiles

We were very excited to receive the gift of a spinning wheel via one of our volunteers. With a bit of help from Judith (who came all the way from Shap to fix the wheel and teach us to spin) the wheel is now installed in the art room and we're busy spinning some beautiful yarns.

Drama group

What a wonderful time we've had! Due to the amazing imagination of the group, we all enjoyed creating, rehearsing and performing "Graceland".

And what a story and performance it was! The story included a visiting Royal, undercover FBI agent, an international criminal AND Elvis Presley!

Film group

After creative discussions, the group made a series of short films under the title of "Heathland's House of Horror!"

Among the short films made, we learned about the Triffids hiding in the Polytunnels, the cheese induced nightmare of "Ratman", and the horrors of the carpark! EEK! :-)

Bakery and Cookery

As ever, all the members of the various bakery and cookery groups did an amazing service! Everyone has worked very hard to make and create the various savoury and sweet things we all enjoy, as well as wholesome and creative meals and breads. And who could forget the "Around the World in 80 Sausage Rolls" culinary adventure?

Our News in Pictures...



Our new spinning wheel



The Wednesday Drama Group



The Friday Performing Art Group



The Terrifying Rat Man!

If you have any comments or something you'd like included in the next newsletter please email it to helen.walsh@lbtuk.org by April 20th 2016
