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# The Heathlands Project

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Welcome to our latest newsletter!

Spring is finally here and we're enjoying the longer days and watching the lambs in the fields around us. As always there's lots going on at The Heathlands Project!

We'd love to know what you think or if you have anything you would like to add to the newsletter, please get in touch.

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## **Picturing Places: Cumbrian Art at Tullie House**

Two of our members, Mark Greener and Harvey Tye, have some of their work on show at Tullie House at the moment. They have been working with Prism Arts to produce work in response to Tullie's Cumbrian Art exhibition. There was a lovely celebration event at the gallery on 15<sup>th</sup> April, complete with tea and cake! The exhibition runs until 5<sup>th</sup> June and is well worth a visit.

## **Carlisle Health Mela: Saturday 14<sup>th</sup> May**

There will be a Community Health Fair in Carlisle city centre on Saturday 14<sup>th</sup> May between 10 am and 4 pm. There will be a range of stalls and activities including health checks, complementary therapies, garden displays and healthy cooking demos. The Heathlands kitchen teams will be making delicious gluten free and vegetarian food which they will be giving out in the city centre, we'd love you to come and say hi!

## **Upcoming Events**

### **Picturing Places: Cumbrian Art Response work**

Tullie House, Carlisle

Now-June 5th

### **Carlisle Health Mela**

Carlisle City Centre

Saturday 14<sup>th</sup> May



**Mark and Harvey with their work at Tullie House**

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If you have any comments or something you'd like included in the [helen.walsh@lbtuk.org](mailto:helen.walsh@lbtuk.org) by June 20<sup>th</sup> 2016

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## News from our Sections...

### Art and Textiles

It's a busy time in Art and Textiles. We're working on our annual quilt project, a participatory project from AccessArt (more details next time!) as well as all our usual activities. We also now have our loom up and running. This was bought with a very kind donation from The Rotary. We're enjoying experimenting with different weave patterns and are hoping to use some of the yarn we've spun on our spinning wheel.

### Sports and Games

The Heathlands Project continues its domination of the Carlisle Boccia Friendly League with Heathlands B (Davis Edwards, Mark Greener and Nigel Hayman) winning the league this season. Well done guys! There will be an individual tournament next month, which is open to everyone. More information on that will follow via letters.

The Thursday Sports and Games group have a new home at Longtown Community Centre. They've been enjoying playing a variety of sports and games including hockey, football, cricket and circuits.

### Bakery and Cookery

The bakery groups are going from strength to strength, producing a great array of delicious offerings including Hot Cross buns at Easter and Spiff's special Scotch Egg Pasties...

## Our News in Pictures...



A felted patch by Michael Carter for this year's quilt



Thursday Sports and Games at their new location at Longtown Community Centre



Scotch Egg Pastry