

---

January 2018

---

# The Heathlands Project

Heathlands, Harker Road Ends, Carlisle, CA6 4HN

01228 674950

[www.heathlandscumbria.org](http://www.heathlandscumbria.org)

---

Hello!

Happy New Year! We got up to lots of exciting things in 2018 and we're all looking forward to seeing what 2019 brings us. We've been working on a brand new website and you may have noticed we've updated our logo.

---

## Bill Parkin Trophy

Heathlands has started a new yearly competition competing for the Parkin Shield. The competition focuses on different elements including sports, art, games and accomplishments. Four teams took part and the winning team featured here, 'The Green Giants,' won the shield with the most points accumulated. Well done Green Giants! The team included: Joy Crosby, Mark Greener, Steven Woodburn, David Edwards, Alan Henshaw, Claire Shaw, Ashley Bell, Peter Bradbrook, Abbey Atkinson and Nigel Hayman.

## Website

We've been busy working on a brand new website, [www.heathlandscumbria.org](http://www.heathlandscumbria.org), which is now live. We'd love to know what you think so please have a look and let us know!

## Grant

Grant Taylor is a young disabled sitting skier who we'll be fundraising for this year. We will also be helping raise his profile to help find sponsorship to get him to the Winter Paralympics in 2022. For more information please contact [janette.fisher@lbtuk.org](mailto:janette.fisher@lbtuk.org)



Happy New Year!

---



**Green Giants with their trophy**



**Paralympic hopeful Grant Taylor**

---

If you have any comments or something you'd like included in the next newsletter please email it to [helen.walsh@lbtuk.org](mailto:helen.walsh@lbtuk.org) by April 20<sup>th</sup>

---

## Wednesday Evening Boccia Group

There is the opportunity to play Boccia at Trinity Sports Centre on Strand Road on Wednesday nights at 7.15 to 8.15pm with Cumbria Wheelchair Sports.

## News from our Sections...

### Boccia

The boccia league, held at the Sands Centre, is heating up with 5 new teams involved this year. The inclusion of Trinity and Carlisle College has made the league even more competitive. Heathlands B (Steve, Claire and Anthony) are doing brilliantly this year and are currently in runners up position but anything could happen yet. Heathlands C are also challenging in the 2nd Division for a promotion place. Keep it up Heathlands!

### Seasonal Crafts

Our Seasonal Crafts group are going to be displaying some of the fantastic work they've been creating in the Community Case which can be found in the foyer at Tullie House in Carlisle. We'll have work on display from 12<sup>th</sup> February-11<sup>th</sup> March.

### Sports

As a part of an initiative between Heathlands, Active Cumbria and Newcastle Falcons we have involved the sports group in some rugby sessions. With help from Keith Robinson from Newcastle Falcons we have had fun playing touch rugby and getting fitter at the same time. He has concentrated on passing and catching the rugby ball on the move and the position of players. No scrummages or line-outs as yet!

## Other News...

If you have something you would like us to include in the next newsletter then please get in touch. It could be an event you have coming up, something you've done or a bit about somewhere you've been.

You can send your information to Helen Walsh by email at this address: [helen.walsh@lbtuk.org](mailto:helen.walsh@lbtuk.org) by April 20<sup>th</sup>.



**Boccia at the Sands Centre**



**Postcard design for Seasonal Crafts display**



**The Sports group practicing Rugby skills**

---

If you have any comments or something you'd like included in the next newsletter please email it to [helen.walsh@lbtuk.org](mailto:helen.walsh@lbtuk.org) by April 20<sup>th</sup>

---