

PPE use at Heathlands during Covid 19

When providing close personal care in direct contact with the Members(s) (e.g. touching) OR within 2 metres of any Member who is coughing, these recommendations apply:

- whether the Member you are providing personal care to has symptoms or not,
- whenever you are within 2 metres of any Member who is coughing frequently, even if you are not providing personal care to them
- to all personal care, for example: assisting with feeding, toileting, applying dressings etc. and or when unintended contact with Members is likely (e.g. with challenging behaviour or falls recovery)
- whatever your role in care (i.e. applies to all staff, care workers, cleaners etc.)

PPE to be used

PPE item	Changing frequency	When to use
Disposable gloves	Single use change between task	All of the above criteria
Disposable plastic apron	Single use change between tasks	All of the above criteria
Surgical mask	Continuous per session	All of the above criteria
Eye protection	Continuous per session	Only when coughing is a risk or dealing with body fluids

Based on: [Covid -19 Infection prevent and control guidance](#) (NHS/PHE) and PPE resource for care worker (PHE)