
Autumn 2016

The Heathlands Project

The Heathlands Project, Harker Road Ends, Carlisle, CA6 4HN

01228 674950

www.lbtuk.org www.facebook.com/The.Heathlands.Project

We've had a busy Summer at The Heathlands Project. It's hard to believe we're already onto our last newsletter of the year!

We'd love to know what you think or if you have anything you would like to add to the newsletter, please get in touch.

GamaJam

Over the summer we worked with BlueJam Arts, James Rennie School and the National Citizen Service on a project to bring people together to learn how to work with each other through music. We ran two mini projects each resulting in a performance of original music created on Cumbria's gamelan and complete with shadow puppets. The performances were a great success and as they're part of a two year project we're looking forward to more!

You can see a video on [YouTube](https://www.youtube.com/watch?v=...) (search for Gamelan-Hero Snake)

Boccia News

The Carlisle Friendly League trophies were awarded on 21st July, Heathlands made a clean sweep with Heathlands B crowned champions of the first division and Heathlands D winning the second division. Each team received medals and the League trophy stays at Heathlands for another year. Well done to all the players and keep up the good work for the new season which started on the 7th September.

Also in July was the North West Regional Competition in Liverpool. Several Heathlands members participated and had a great day competing at national level.

If you have any comments or something you'd like included in the next newsletter please email it to helen.walsh@lbtuk.org by January 20th 2017



Boccia Champions!

Top Picture: Alan Ruddick, Mike Harrington, Mark Greener, John Aird, Simon Murray, Anthony Rudd, Drew Rudd, James Farish and Rachel Notman

Bottom Picture: Abby Atkinson, David Edwards, Mark Greener and two of the Boccia League sponsors

Our News in Pictures...

News from our Sections...

New Timetable

We've just started our new timetable and have been enjoying settling into our new routine and planning our activities. We have lots of exciting groups and we're also running three OCN (Open College Network) courses.

Art and Textiles

Our 2016 quilt 'On the Beach' was shown at The Festival of Quilts at the NEC in Birmingham in August and we had some really good feedback from the judges who admired our "very painterly individual images."

We've also been very lucky to have several workshops run for us by jeweller Jane Shaw. She's shown us how to use buttons and fabric scraps to make beautiful bracelets, brooches and necklaces.



GamaJam practice and Shadow Puppets



Isaac in his new office...



The OCN cooking course made delicious pizza!



Kim modelling her button necklace, made with Jane in one of her workshops.



Detail of this year's 'On the Beach' quilt

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