
January 2018

The Heathlands Project

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www.lbtuk.org

Hello!

Happy New Year! We got up to lots of exciting things in 2017 including celebrating our tenth birthday and we're all looking forward to seeing what 2018 brings us.

Sad News

We were very sad to learn that one of our longest attending members, Freda Harrington, died in December following illness. Freda had a great many friends at the project and she will be greatly missed by us all. Freda loved Arts and Crafts and anything sparkly and was always the first to get involved with our events and activities. A group of us attended the funeral to say good bye to Freda.

A Helping Hand

At Heathlands we like to be as involved with our community as we can be and so at Christmas we donated Christmas puddings, cakes, mince pies, portioned meals and Christmas decorations to Water Street Hostel.

Five Star rating

At the end of November the Environmental Health Officer came to inspect our kitchen. We got a 5 star rating again so very well done to all the members, staff and volunteers who work hard not only to produce delicious food but to keep everything clean and hygienic too.

If you have any comments or something you'd like included in the next newsletter please email it to helen.walsh@lbtuk.org by April 20th



Happy New Year!



Freda, who will be greatly missed



Offering a helping hand at Water Street Hostel



Five Star Food Hygiene rating

News from our Sections...

Sensory Group

Due to the electrical work in the kitchen, the Sensory Group decided to have a trip out. They were invited to attend Tullie House's Art, Health & Wellbeing Symposium on 1st December 2017. Here are some of the group making a collage on paper using one of Tullie House's artefacts as a subject. After lunch the Sensory Group and supporting staff enjoyed watching an excellent performance of 'Shadow Tales' by Prism Arts, featuring one of our members, Harvey Tye in a leading role.

Art and Textiles

The Art and Textiles groups have been busy working on [AccessArt's](#) The Two Halves Drawing Project. This project involves filling in half of a postcard which will then be sent on to someone else to complete the other half. The finished postcards will be displayed in an online gallery. We've got some great designs to send off and are looking forward to seeing the completed postcards.

Wonders of Nature OCN

It's a New Year and we've got a new Open College Network course on a Thursday. We are running a 'Wonders of Nature' course which gives our members the chance to learn more about the environment and nature that surrounds us. The group have already had fun making bird feeders which the birds are enjoying immensely!

Other News...

If you have something you would like us to include in the next newsletter then please get in touch. It could be an event you have coming up, something you've done or a bit about somewhere you've been.

You can send your information to Helen Walsh by email at this address: helen.walsh@lbtuk.org by April 20th.



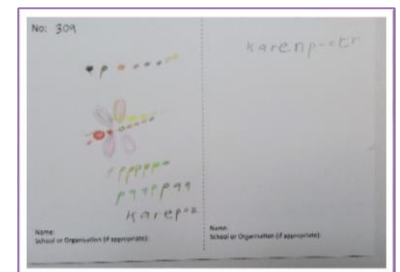
Enjoying some collage at the Arts and Health Symposium



Watching Prism Arts 'Shadow Tales' performance



A Design for the Two Halves Postcard project



A Design for the Two Halves Postcard project

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