# Autumn 2018

# The Heathlands Project

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#### Hello!

We're a few weeks into our new term and are settling in to our new time-table. Last term we introduced a new Gaming group and a new Open College Network course, both of which are continuing this time-table. You can find out more on the next page. We've also got some changes in our management team with Andrew Shekell and Thea Seville joining us and Bill Parkin semi retiring. Thanks to Bill for all his hard work and a big Heathlands welcome to Andrew and Thea!

#### MacMillan Coffee Morning

This month saw both our bakery teams very busy, baking items for not one but two MacMillan Coffee mornings. Our Monday group supported service at Davids Restaurant on Warwick Rd and both teams baked for our support worker Drew's coffee morning. In total the guys have helped raise an amazing £1140! An amazing achievement, well done all involved!

#### Watch out for Hedgehogs!

As winter approaches, it's a risky time for baby hedgehogs. They need to be well fed before they hibernate. Sometimes little hedgehogs need help. Andrew Shekell shares this story with us:

"I found this little one by the side of the road. It was very cold and hungry. I rang Knoxwood Wildlife Trust. They asked me to give it some dog food, water and a body temperature hot water bottle



#### Next Issue: Poppies

#### **Festive Happenings**



Emma and Daniel helping out at the MacMillan Coffee morning at Davids



**Rescued Hedgehog!** 

If you have any comments or something you'd like included in the next newsletter please email it to helen.walsh@lbtuk.org by January 20<sup>th</sup> 2019

and keep it in a box. After some food and getting warm, it soon perked up.

I took it to Knoxwood the next day. Because he was so small, he was put into an incubator and will stay with them over the winter. They rescued over 80 little hedgehogs last year."

# News from our Sections...

## **OCN Seasonal Crafts**

Our OCN Environmental Crafts course proved very popular so this term tutor Karen is back and is running a new course; Seasonal Crafts. We've been exploring all things autumn and have been trying lots of new things as well as re-visiting some skills we'd already learnt.

### Textiles

We got some great feedback from the judges at The Festival of Quilts for our Bugs quilt. One of the judges wrote "Lovely original idea. Some great stitching and impressive bugs!" Well done guys!

#### Gaming

Heathlands new Gaming Group 2018

After a successful trial run over the summer term, this term we are now running 3 gaming sessions to keep up with the demand. In the sessions we cover Board Games/Card Games/Console Gaming and PC gaming, for the project we built 3 high end gaming PC's that will run the latest games and have been given the use of our staff teams wide collections of board games and card games. We also have an xbox 360 console and a Nintendo Wii console which our staff team have also given us use of their games for. The games we play help build confidence, cooperative play, socialisation as well as motor skills and puzzle solving skills that can keep our minds sharp. As the new sessions are proving to be popular we can see them running for a long time to come and becoming a permanent part of the sessions we offer each term.

If anyone has any Board Games/Card Games/Console Games or other types of games they would like to donate to the project they would be gratefully received. Thank you!



Rag Rug Hedgehogs made by OCN Seasonal Crafts Group



Feedback from the Festival of Quilt judges



Playing board games in the Gaming group



PC gaming in the Gaming group

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