

Art in the afternoon ~ Let's get creative!

"Art is the only way to run away without leaving home" Twyla Thorp

Welcome to my weekly creative arts challenge!

I have had a busy week. I am volunteering at the County Council's Eden Emergency and I am helping train volunteers to work in care homes and children's homes / schools. However I have not forgotten you all and here is our second issue of 'Art in the Afternoon'!



The first issue has been greeted with positive feedback, "Count me in!" "I'm off to the shed to find some string!" and "What a lovely start to the day and a fabulous idea!"

I believe it has been shared with families, friends and other learning groups. Please keep sharing it.

Please also send in pictures so I can include them in our gallery on page 2. My email address is at the bottom of this piece. If anyone needs this in a different format please let me know.

When you get this please can you reply to this - even just a 😊 - so I know you have received and opened it! In the meantime take care, stay safe and have a Happy Easter!

Karen. karen.macdougall@cumbria.gov.uk

This week have a look at www.royalacademy.org.uk and find the exhibition - 'Picasso on Paper virtual exhibition tour'. Picasso drew, tore, burnt and used paper to make 3D art. Be inspired by your virtual visit. Send me a photo of something that your online visit has encouraged you to create.

1

MAKE A SIMPLE SKETCHBOOK FROM ONE SHEET OF PAPER - USE IT FOR SOME SKETCHES OR PERHAPS WRITE POEMS OR A SHORT STORY?

2

MAKE A BUTTERFLY DECORATION USING SIMPLE FOLDING AND CUTTING TECHNIQUES

See instructions pg 4

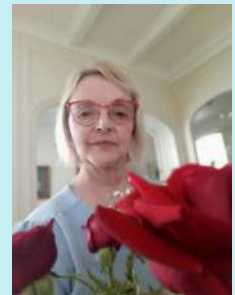
3

HAVE A GO AT SOME STRESS RELIEVING THERAPEUTIC DRAWING AND COLOURING.

See instructions on page 3

A text from Vivienne our helper (Age UK)

Please send my best wishes to the group! We will meet again. I am cooking new recipes. Take lots of care! Here I am with my birthday roses from my brothers



and the other photo shows that in Buenos Aires there seems to be no laws about how many dogs you can walk at once. They are in lock down now. We just got out in time!



Yvette emailed me with some more ideas for us all to try:

Although I did look at www.moma.org I couldn't find the online drawing through the 20 century website. But I did go onto YouTube - National Gallery of Art which gave a tour of Claude Monet's House & Garden, Giverny. Beautiful place, Followed by a demonstration of Palette & Technique showing how to paint the scene of the pond with the water lilies. Yvette

And

Last weeks writing challenge response

Weeds spring green next to our rubbish heap
 Primroses sing notes-sweet!
 Sweet peas, what a heavenly scent
 Capturing a spectrum of colours.
 Colours of white, pink, mauve and purple.
 Purple crocus, purple iris, a purple hyacinth
 A purple ring made of amethyst stones.
 Stones of diamonds, sapphire, emeralds and rubies
 Set in rings, necklaces and brooch's, how they sparkle.
 Sparkle bright in the blue sky, the sun appears
 From dawn to dusk bringing the warmth.
 Warmth brings the countryside to life, grass grows
 Trees come into bud, showing the blossom,
 Blossom of a beautiful cherry tree, hedgerows turn white,



Whilst the daffodils push through a wonder of yellow .
 Yellow and red tulips sway in the gentle breeze,
 On the first day of April.
 April Fools Day, no fool like an old fool.
 It is one of the most light-hearted days of the year.
 Year 2020 April Fools Day jokes back fire,
 Not a day for pranks in this lockdown.
 Lockdown in our country due to coronavirus.
 We stay at home , to protect the NHS.
 NHS helps to save lives, anyone can get it.
 Anyone can spread it.
 It is time to take advice and information.
 On how to look after your health and wellbeing.

Thank you for this lovely contribution Yvette. Have a look at the colouring page it is based on your butterfly photo put through the app Imaengine. If you can, have a go!

I spoke to Glenys yesterday and we talked about her super poems. Here is one of her Haikus (very short poem) which was sent to the air ambulance. There will be more about Haikus in issue 3. Here it is to share with everyone:

HELIMED 58
 has just landed on the Green.
 A saving angel.



GALLERY

Bird study

Watercolour pencils
Bonita

Bonita

My Cat

Pastels pencils
Sandra

Sandra

My dog

Photo
Geoff



Thank you for sending these in. More images next time!

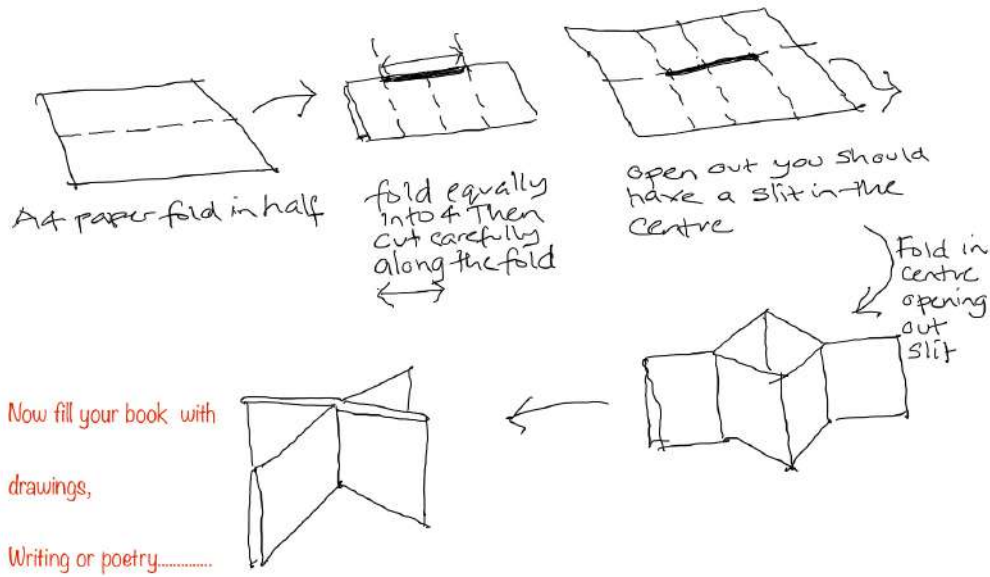


This lovely butterfly has been photographed by Yvette in her garden. This is your colouring challenge beside it.

Use this as a starting point for doodling patterns. Then add colour. You can be as realistic or as abstract as you like!

I used the photograph to generate the picture in an App called Imaengine. Why not have a go at this if you can download the App?

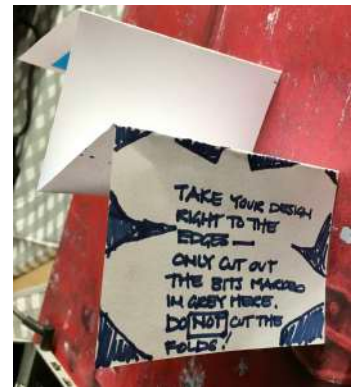
How to.....Make a sketchbook from one piece of paper.



Make a butterfly decoration or a stencil for your paintings.



1. Concertina fold a piece of paper
2. Draw a butterfly (use the one on page 3 for shape) making sure that your drawing touches all the edges.
3. Cut round the butterfly carefully.



4. Cut or punch holes to make patterns. You may have a decorative punch to cut other shapes.



5. Add decoration with pens or coloured pencils.

You could laminate this for a book mark or make more for homemade bunting!