

# Spring and Summer

Supported Learning Activities from April 2019



- Pop to Heathlands for a look around, you're welcome to stay for coffee.
- Saturdays @ Heathlands 10.30am-3.30pm.
- Taster days for individuals or small groups: Opportunity to join in with Heathlands supported learning activities: cooking, gardening, Boccia, gaming, music, nature, hen-keeping etc.
- Project days with the Heathlands team: summer sports, art and design project, film-making etc.
- Outdoor activity days with Heathlands and Cumbria Outdoors (June-August).



To find out more about Heathlands, please:

View our film:

<https://youtu.be/YMy-zKUZ6cg>

Visit our website:

[www.heathlandscumbria.org](http://www.heathlandscumbria.org)

Email:

[info@heathlandscumbria.org](mailto:info@heathlandscumbria.org)

Call:

01228 674950

Visit:

Heathlands, Harker Road Ends, Carlisle  
CA6 4HN

