## December 2019

# **Heathlands**

Heathlands, Harker Road Ends, Carlisle, CA6 4HN 01228 674950 www.lbtuk.org

### Hello!

As we come to the end of another busy and exciting year at Heathlands we thought we'd take this opportunity to say thanks to everyone involved with Heathlands. It's all our people (members, staff, volunteers and friends) who make Heathlands what it is and we wish you all a peaceful and happy festive period and we look forward to bringing you more exciting news next year!



# **Festive Opening**

We will be closed on the following days:

Wednesday 25<sup>th</sup> December Thursday 26<sup>th</sup> December Wednesday 1<sup>st</sup> January



## It's a Sign!

Our new Sign Language group have been practising some festive songs in British Sign Language and they wish you a Merry Christmas and a Happy New Year!

If you have any comments or something you'd like included in the next newsletter please email it to helen.walsh@lbtuk.org by January 20<sup>th</sup>.



Beautiful Bauble Bunting and Revelling Reindeer made by our CLAS Art Group



## **Christmas Jumper Day**

In memory of one of our Support Workers, Drew, who sadly passed away recently, we're going to have a Christmas Jumper Day on Thursday 19<sup>th</sup> December to raise money for Eden Valley Hospice and Jigsaw. We're suggesting a £2 donation and to wear something festive on the day

### **Christmas Dinner**

As well as Christmas Jumper Day we're also having our Christmas Lunch on Thursday 19<sup>th</sup> December. Letters have gone out but just a reminder that if you don't normally attend on a Thursday and you want to come for lunch you need to let us know in advance and you'll need to come with your own support.

If you have any comments or something you'd like included in the next newsletter please email it to helen.walsh@lbtuk.org by January 20<sup>th</sup>.