

Heathlands

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Hello!

We're over halfway through the year and it's been a busy one already! We've had an open day, helped fundraise, participated in the Boccia Tournament, made a quilt and been busy developing our site. What's next?

Boccia Champions!

Heathlands were once again up in the top ranks of this year's Boccia Championships: on the 26th June The Simon Ward Boccia Singles Tournament was played in a full day event at the Sands Centre. 50 people entered and it was a hard fought competition. Heathlands were well represented and did an excellent job. Mark Greener was the eventual winner with Daniel Edgar and Jamie Cox coming 3rd and 4th. The Heathlands has gained a lot of silverware this year collecting 2nd Division Shield and Runners Up in the 1st Division. Well done to all those who took part and it is lovely to see boccia going from strength to strength.

We've got new wheels

We're very excited with our new van, Hugo Bus. We're looking forward to taking the van out and about!

Tools for Self Reliance Fundraiser

Our helpful members have been busy helping fundraise for charity Tools for Self Reliance, who provide tools and training to



Dates for your Diary

The Festival of Quilts 2019

1st-4th August at NEC, Birmingham

Diff-Ability Sports Information Day

Tuesday 27th August 11-4 at
Carlisle Youth Zone

Puppet Pageant Parade

Saturday 7th September 12pm,
Carlisle



Boccia winner Mark Greener



Hugo Bus!

If you have any comments or something you'd like included in the next newsletter please email it to helen.walsh@lbtuk.org by October 20th

people in Africa affected by poverty to help them build sustainable livelihoods. Our bakery groups made and served a selection of goodies at Doves Café at the Border Kirk in Carlisle earlier in July. Well done guys!

Carlisle Puppet Pageant Parade

Our friends at Prism Arts are once again running Carlisle's Puppet Pageant Parade. They're working with lots of groups, including us, to create puppets celebrating some colourful characters from Cumbria's history. We're working on a puppet of Edmund Brisco Ford and our group have been busy creating some fabulous moths to accompany our puppet. The parade is on Saturday 7th September and everyone is welcome.

News from our Sections...

Textiles

Our Textiles groups have been busy working away on this year's entry for the Festival of Quilts at the NEC in Birmingham. The quilt, inspired by Spring colours, has been packaged up and sent down and we look forward to getting it back and hearing what the judges thought of our efforts.

DIY

Our DIY group have been working hard to improve the site. They've been busy planting up some beautiful hanging baskets, tidying up and working on new chicken coops.

Bakery

Our bakery groups continue to provide produce for our members and friends every week. As well as old favourites such as breads, cakes and savoury treats, we endeavour to come up with new and exciting creations of our own!

Photography

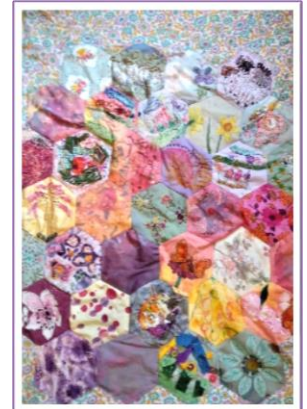
The Friday Photography and Social group has been visiting places near and far (ish) to take photos and to enjoy the experience of just being 'out and about'. Recent highlights have been a visit to the Samye Ling Buddhist Monastery, and the newly opened Carlisle Airport.



Michael Carter and Kath Mason working hard in the kitchen at Doves Cafe



Working hard making moths



Our 2019 'Spring' Quilt



A grand day out at Carlisle Airport

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